

November 2004

Fleet & Family Support Center

PRE-REGISTRATION IS REQUIRED
for all classes except the ones marked **

Call us TODAY at 243-FFSC (3372)
to reserve a seat
in any of our fantastic classes!

Thriving in Japan Workshops

Area Orientation Brief/Intercultural Relations

(This class is required for all incoming adults. The class is a 4-day class from 7:45-4:00pm each day.)

Tuesday - Friday, 2nd - 5th

Tuesday - Friday, 16th - 19th

Enjoying Japanese Food

Tuesday, 23rd, 9:00am - 1:00pm

Kerosene Heater Safety

Thursday, 18th, 1:00 - 2:00pm

Your Japanese Home

Monday, 22nd, 8:30am - 12:30pm

Employment Assistance

Effective Resume Writing

Tuesday, 9th, 11:00am - 12:30pm

Employment Overview - Yokosuka Area

Tuesday, 2nd, 10:00 - 11:30am

English Teachers Networking Group

Thursday, 18th, 12:00 - 1:30pm

Getting Started Teaching English

Wednesday, 17th, 1:30 - 3:30pm

Interview Techniques

Tuesday, 30th, 10:00am - 12:00pm

Ten Steps to a Federal Job

Tuesday, 23rd, 8:30am - 4:00pm

Life Skills Workshops

Communication, Anger, Stress, Assertiveness (CASA) - (4 Part Series)

1st, 3rd, 8th, & 10th 2:30 - 4:00pm

English as a Second Language

Monday, 1st, 10:00 - 11:30am

Monday, 8th, 10:00 - 11:30am

Monday, 22nd, 10:00 - 11:30am

Monday, 29th, 10:00 - 11:30am

English as a Second Language Potluck

Monday, 15th, 11:00am - 1:00pm

Japanese Spouse Workshop

Wednesday, 3rd, 10th & 17th, 12:45 - 2:15pm

Pre-Marriage Seminar (1-1/2 days)

Thursday & Friday, 18th & 19th, 9:00am

PREP: Fighting for your marriage

Saturday, 6th, 9:00am - 3:00pm

Stepping Stones

Thursday, 4th, 1:00 - 2:30pm

Thursday, 18th, 1:00 - 2:30pm

New Parent Support

Baby Basics

Wednesday, 17th, 11:30am - 1:00pm

NMCRS' Budget 4 Baby

Thursday, 4th, 5:00 - 7:00pm

Boot Camp for New Dads

Tuesday, 2nd, 1:00 - 4:00pm

Labor & You

Monday, 1st, 1:00 - 6:00pm

****Play Morning**

Friday, 5th, 12th & 19th, 9:30 - 11:00am

What's Up Doc?

Wednesday, 10th, 3:00 - 4:30pm

WICO

Thursday, 18th, 10:00 - 11:30am

Youth Outreach

Youth Anger Management (8-Sessions)

Tuesday, Nov. 2nd, 9th, 16th, 30th,
Dec 7th, 14th, Jan. 11th, & 18th, 2:30 - 3:30pm

Youth Peer Pressure Training (4 Sessions)

Tuesday, 2nd, 9th, 16th & 30th, 3:30 - 4:30pm

Youth Problem Solving (8-Sessions)

3rd, 15th, 17th, Dec. 1st, 8th, 15th,
Jan. 12th, & 19th, 2:30 - 3:30pm

Youth Shoplifters Intervention (4 Sessions)

3rd, 15th, 17th & Dec. 1st, 3:30 - 4:30pm

Transition & Relocation

Accelerated Transition Assistance (ATAP)

(This class is for separating military members with less than 8 years of service. The class is a 4-day class from 7:30 am - 4:00 pm each day.)

8th, 9th, 10th, & 12th, 7:30am

Career Options Navy Skills Evaluation Program- (CONSEP)

(This class is for military members with 6 - 12 years of service. This is a 4-day workshop from 7:30 am - 4:00 pm each day.)

Monday - Thursday, 1st - 4th, 7:30am

Managing Your Transition (TAMP)

(This class is for separating military members with more than 8 years of service. The class is a 4-1/2 day class from 7:30 am - 4:00 pm each day.)

Monday - Friday, 15th - 19th, 7:30am

PCS Workshop

Friday, 5th, 8:00am - 12:00pm

Separation or Retirement In Japan

Thursday, 18th, 2:00 - 4:30pm

Sponsor & Sponsor Coordinator Training

Friday, 19th, 2:00 - 4:30pm

Ikego Classes

English as a Second Language

Tuesday, 2nd, 10:00 - 11:30am

Tuesday, 16th, 10:00 - 11:30am

Kid's Craft Class

Tuesday, 23rd, 10:00 - 11:00am

Play Morning

Thursday, 4th & 18th, 9:30 - 11:00am

Welcome to Ikego

Tuesday, 9th, 9:00am - 14:30pm

Negishi Classes

Kid's Craft Class

Friday, 5th, 10:30am - 12:00pm

Play Mornings

Friday, 26th, 9:30 - 11:00am

